

Outrigger Santa Cruz
Members - Code of Conduct

All members:

1. Treat all OSC members & guests with respect, honesty, fairness and aloha.
 - Show respect for self, other members, competitors and the club family
 - Show respect for the coaches, officers and board members of the club
 - Show respect for the environment, the ocean and marine life
 - Show respect for the sport and culture of canoe paddling
 - Show respect for the club's equipment and property
2. Volunteer for, participate in and support club activities, events, and races.
3. Uphold the health and safety of all club members. Avoid harassment of any kind.

Coaches:

1. Treat each paddler with respect and dignity.
2. Provide paddlers with advance notice of program expectations, practice schedule and crew selection criteria (if applicable, as some races are invitational).
3. Be available to answer questions and promote an environment of open communication with all paddlers.
4. Mediate conflicts between paddlers that affect the success of the paddling program.
5. Be prepared to seek help from Head Coach. Abide by Head Coach's decisions.

Paddlers:

1. Strive to achieve your personal best; work hard for your team and yourself.
2. Treat all fellow paddlers as you would like to be treated.
3. Accept feedback, constructive criticism, and instruction with an open mind and an attitude of wanting to improve your paddling skills.
4. Keep the best interest of the club and your crew before personal aspirations.
5. If you have committed to a race and have been assigned a seat in a crew, you are expected to fulfill the commitment.
6. Coach decisions are not questioned, second-guessed, or ignored by paddlers; unless paddler or crew safety is a concern.
7. Discuss any disagreements directly with your Coach in a constructive manner, one-on one and on-land.
8. Acknowledge that the Head Coach and the assistant Coaches are volunteers and approved by the OSC Board to lead and direct the activities of OSC paddlers.
9. Paddlers are expected to solve off-the water issues or disputes with a fellow paddler

through direct communication.

10. Paddlers are expected to solve on-the water issues or disputes with a fellow paddler with assistance from the coaching staff.

11. Paddling while under the influence of drugs or alcohol is strictly prohibited.

12. Any violation of the code of conduct are grounds for disciplinary action including suspension and expulsion from the club at the sole discretion of the President and or Board of Directors.